

CANADIAN HOSPICE PALLIATIVE CARE ASSOCIATION CONFERENCE

# Abstract Content Requirements for the On-Line Submission:

To prepare your abstract for submission, please ensure you have the following information ready. This summary outlines the questions and required fields found in the online submission form. Submissions must be completed online; however, we encourage you to prepare your responses offline and copy them into the form once finalized. Changes cannot be made after the submission deadline unless you email: conference@chpca.ca.

## 1. Contact Information

- Names, roles, and affiliations for all authors and presenters (up to 10 people total; panel presentations may have up to 4 (including moderator)).
  - The person designated as "Contact 1" will be the primary contact and will receive all communications regarding the progress of your abstract(s); communications will only be sent to the first contact listed in the abstract submission.

#### Fields for each person include:

- Full name
- Designations and/or post-nominal letters (if applicable) (Optional)
- Job Title
- Organization
- Full mailing address (Contact 1 only)
- Phone (Contact 1 only)
- Email
- 900-character maximum biography (required for presenters)

## 2. Presentation Details:

- Presentation Type
  - o Workshop
  - o Oral Presentation
  - Poster Presentation
  - Panel Presentation
- Language of Presentation
  - o English or French

(Note: Panel presentations must be in English. Translation/interpretation is not available.)

#### • Student Submission

- Indicate if the abstract is student-led.
- Has This Abstract Been Previously Submitted or Presented?
  - o If yes, provide conference/event name and presentation date.
  - Abstracts that have been presented are allowed; however, whenever possible, content should be updated to reflect the most current information and tailored to the needs and interests of the CHPCA conference audience.

#### • Preferred Workshop Length (if submitting workshop)

o 30, 45, or 60 minutes (final duration determined by organizers)

## 3. Presentation Content:

#### Stream Selection

- Choose up to two of the eight streams and up to two of their corresponding subthemes:
  - Clinical Practice: (e.g., symptom management, pain control, interprofessional collaboration, pharmacological and non-pharmacological interventions)
  - Equity, Inclusion & Special Populations (e.g., pediatrics, 2SLGBTQIA+, long-term care, prison populations, racialized communities, disability, rural & remote care).
  - Indigenous Communities & Culturally Safer Care: (e.g., Indigenous-led models, culturally safe care, land-based healing, community engagement, traditional knowledge sharing).
  - Health Systems & Models of Care: (e.g., workforce development, palliative care integration, public health, funding models, leadership, community-based care).
  - Advance Care Planning: (e.g., legal & ethical considerations, family conversations, decision-making tools, ACP in diverse communities, advance directives).
  - Grief, Bereavement & Psychosocial Support: (e.g., mental health, traumainformed care, caregiver support, spiritual care, grief across the lifespan, cultural approaches to loss).

- Policy, Advocacy & Ethics: (e.g., human rights, MAID, legal & regulatory frameworks, health equity policies, access to palliative care, advocacy strategies).
- Innovation & Technology in Palliative Care (e.g., telehealth, AI, digital tools, emerging therapies, research advancements, virtual care models, assistive technology).

#### • Presentation/Poster Title

- Select the category that best describes the nature of your abstract
  - Research and Evidence-Based (Includes scientific studies, research, program evaluations, and implementation of evidence-based practices.)
  - Quality Improvement, Innovation, and Lived Experience Abstract (Includes clinical or community-based practices, quality improvement initiatives, innovative approaches, case studies, and lived experiences.)
  - Note: For panel presentations, please select the category that best reflects the overall focus or majority content of the session.
  - Provide a concise summary of your presentation for the conference syllabus. This should be engaging and informative, clearly conveying what attendees can expect (500 characters max)
- Provide a description of your abstract that includes the following components. If submitting a panel presentation, describe the overall theme of the panel and how each panelist's contribution will address the topic. Include panel structure and any shared outcomes or lessons. (2000 characters max for entire section)
  Description of your abstract must include:

#### • Aim / Research Question(s) / Focus – Clearly define the focus of your abstract.

- If your abstract falls under Research and Evidence-Based, specify your research question(s) and objectives.
- If your abstract falls under Quality Improvement, Innovation, and Lived Experience, describe the purpose, key theme, or challenge your work addresses.
- If this is a panel presentation, describe the unifying theme and how each panelist contributes to the topic.
- Background / Context Provide relevant background information.
  - For Research and Evidence-Based abstracts, describe the background and rationale for your study.
  - For Quality Improvement, Innovation, and Lived Experience abstracts, explain the setting, influences, and relevance of your work to practice or community-based initiatives.

- For panel presentations, provide background on the topic and the importance of presenting it through multiple perspectives.
- Main Content / Approach Explain how the work was conducted.
  - For Research and Evidence-Based abstracts, describe your methodology (e.g., qualitative, quantitative, mixed methods, etc.).
  - For Quality Improvement, Innovation, and Lived Experience abstracts, summarize your initiative, experience, or case study, including the process or strategies used.
  - For panel presentations, explain how the session will be structured (e.g., individual presentations, moderator-led questions, audience Q&A throughout or at the end) and how each speaker will contribute.
- Key Findings / Outcomes / Lessons Learned Summarize the impact of your work.
  - For Research and Evidence-Based abstracts, present your results and conclusions (if applicable).
  - For Quality Improvement, Innovation, and Lived Experience abstracts, highlight key takeaways, reflections, and how your work has influenced practice, policy, or community engagement.
  - For panel presentations, describe the expected outcomes of the session or key messages for the audience.

#### • Learning Objectives: What will participants learn from your session?

• List 2-5 specific and actionable learning objectives that describe what participants will gain.

Learning objectives should be clear, measurable, and participant-focused (e.g., "Participants will be able to identify three strategies for improving advance care planning conversations"). For guidance on writing strong learning objectives, refer to the UBC CPD Learning Objectives Guide:

https://ubccpd.ca/sites/default/files/documents/Learner-centered-objectives.pdf .

#### How does your work contribute to policy, practice, or community engagement? (900

characters max)

- If your abstract falls under Research and Evidence-Based, describe how your findings can inform policy, future research, or evidence-based practices.
- If your abstract falls under Quality Improvement, Innovation, and Lived Experience, explain how your work contributes to quality improvement, clinical or communitybased practices, innovation, or lived experiences—even at a local, emerging, or early stage of development.
- If submitting a panel presentation, describe how the combined perspectives or planned discussion will contribute to research, practice, or community engagement.

- Contribution to the Field: Describe how this abstract adds to or reinforces existing knowledge or practice in hospice palliative care. (900 characters max)
  - If your abstract falls under Research and Evidence-Based, explain how your work expands on current research, introduces new findings, or confirms existing best practices.
  - If your abstract falls under Quality Improvement, Innovation, and Lived Experience, describe how your work enhances, innovates, or validates existing approaches in clinical or community-based practice.
  - If submitting a panel presentation, describe how the session as a whole contributes to the field through diverse perspectives, knowledge sharing, or emerging trends.

## 4. Workshop Specific Questions:

#### For Workshops Only:

- Interdisciplinary, Patient/Family-Centred, and Community Collaboration: Explain how your workshop session will support interdisciplinary collaboration, patient/family-centred care, and/or broader community engagement. (900 characters max)
  - This may include team-based approaches, collaborative care models, advocacy efforts, education, professional development, or communication strategies that contribute to hospice palliative care.
  - If your workshop focuses on other key aspects of palliative care (e.g., provider wellness, educational tools, fund development), describe its intended impact.
- Interactive Elements & Audience Engagement: Describe how you will actively engage participants and facilitate meaningful interaction throughout the workshop. (900 characters max)
  - Consider how you will use discussion, group activities, technology, case studies, role-playing, or other interactive methods to enhance learning.
  - Workshops should integrate adult learning principles, ensuring that engagement happens throughout the session, rather than only at the end.

## 5. Cultural Perspectives and Ethical Considerations:

- Will your presentation include Indigenous Knowledge, cultural perspectives, or insights from other diverse cultural groups?
  - o If yes:
    - We recognize the importance of including voices with lived experience in discussions that impact them. Does your lived experience, cultural background, or personal identity — or that of your co-presenter(s) inform your presentation?
      - O Yes

- O Prefer not to say
- If applicable, please describe how lived experience, cultural background, or personal identity informs the presentation. (Optional) (300 characters max).
- If your presentation includes insights from Indigenous communities or diverse cultural groups, have you or your co-presenter(s) obtained permission to share this knowledge?
  - O Yes
  - O No (You may be asked to seek permission before acceptance into the conference.)
  - O N/A (Select if you or a co-presenter are a member of the Indigenous community or cultural group whose insights are being shared and are speaking from personal lived experience.)
- Please describe how consent or permission was obtained (900 characters max)
- Ethical Research Compliance: If your abstract involves research, what ethical protocols or guidelines were followed (e.g., TCPS 2 – Chapter 9, OCAP<sup>®</sup> Principles, institutional ethics board, community-based research processes)? (900 characters max)
  - For panel presentations, please describe any ethical processes followed by you or your co-presenter(s) whose content includes research.

### 6. Conflict of Interest Form

The CHPCA requires all presenters and members of the Planning Committee to complete the CFPC Mainpro+® Declaration of Interest form as a part of the Mainpro+ certification process.

All speakers, moderators, facilitators, authors, and scientific planning committee members must complete this form. Disclosure must be made to the audience whether you do or do not have a relationship with a for-profit or not-for-profit entity.