The Way Forward: An Integrated Palliative Approach to Care



of Canadians SUPPORT ospice calliative care

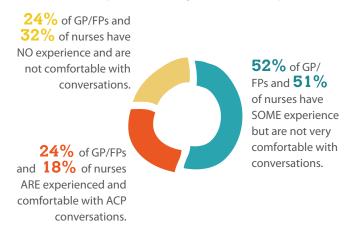
BELIEVE it is important to have a conversation with loved ones about their wishes for care.

only, have COMPLETED an advance care plan 🚺 to communicate their wishes

want more INFORMATION from their doctors so they 🖸 can plan and begin these important conversations.

Talking about Advance Care Planning (ACP)

Less than one quarter of Canadian general practitioners and family physicians (GP/FPs) and nurses are experienced and comfortable talking about planning for illness and end of life with their patients through advance care plans.



Perceptions of When People Should Start Advance Care Plans



Believe people should start Advance Care Plans when they are healthy.

Believe people should start Advance Care Plans when they are diagnosed with a chronic illness.



Believe people should start Advance Care Plans when they are diagnosed with a life-threatening illness.



WANTED: **Tools and Resources**

Based on the research, there are several gaps to fill with support, education and resources that would benefit family physicians, nurses and their patients:

- Overall comfort level in discussing palliative care and endof-life issues;
- Providing end-of-life care independently and with confidence:
- Initiating discussions about a palliative approach and hands-on experience with advance care planning;
- Managing the non-medical needs related to end of life (e.g. accessing services; probing wishes after death);
- Managing challenging issues such as control of pain and depression; and
- Identifying resources in the community to provide support to patients and families.

Many of these resources are already available at the websites below:

To learn more about The Way Forward and the palliative approach: www.hcpintegration.ca

To learn more about Advance Care Planning including workbooks and tools by province: www.advancecareplanning.ca

To learn more about hospice palliative care: www.chpca.net

To learn more about palliative care education and resources: www.pallium.ca

@TWForward

All of the above statistics were drawn from the Harris/Decima opinion poll of Canadians and the Ipsos Reid survey on primary care nurses and general practitioners/family physicians. To read the full reports, please visit: www.hpcintegration.ca/resources.aspx

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Canadian Hospice Palliative Care Association Association canadienne de soins palliatifs

