

# The Light of My Life

Whether they are still with us or have passed on, we encourage you to take the time to shine a light on those who have been with you through the hardest and happiest times of your life.

To brighten up these dark days, we invite you to virtually join us on **May 7<sup>th</sup> between 7–8 PM** to celebrate the light of your life.

Post a photo or video of your light to social media with the hashtag **#TheLightOfMyLife**



Canadian Hospice Palliative Care Association  
Association canadienne de soins palliatifs

National Hospice Palliative Care Week – May 2-8, 2021  
For more information visit [chpca.ca/week](https://chpca.ca/week)

