

Grief on the front lines: Fostering healthy grief in ourselves and those who we support



Live webinar

February 18, 2021

Half-day session 9 a.m. to noon

Facilitators

Andrea Warnick, RN, MA, RP

Olivia Tischler, MSW, RSW

The human experiences of grief and heartbreak are always difficult ones yet additional challenges come with navigating grief in a society that struggles with both mortality and emotional expression. Supporting the profound grief of individuals and families who are experiencing a serious diagnosis or a death can stretch even the most skilled professionals regardless of discipline. The goal of grief is not to land at acceptance or “get over it” but rather to integrate it into one’s life in the healthiest way possible. However, navigating grief in a pandemic, a new experience for us all, has created even more barriers to a healthy grief process.

This webinar will identify common myths and misconceptions about grief as well as touch on current theoretical approaches on grief and bereavement. We will also share resources and practical strategies for supporting a healthy grief process not only in those who we support, but also in ourselves.

Learning objectives:

- Describe common myths and misconceptions about grief
- Identify several current theoretical approaches to grief and bereavement
- Acquire practical strategies for supporting a healthy grief process not only in those who we support, but also in ourselves
- Identify some web and literary grief-specific resources

This training is suitable for: Mental health and medical professionals

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Andrea Warnick,
RN, MA, RP

Andrea is a Registered Psychotherapist whose passion lies in helping families and communities support people of all ages who are grieving the illness or death of someone close to them.

[Read Andrea's full bio](#)



Olivia Tischler,
MSW, RSW

Olivia is a Registered Social Worker and has worked in various capacities including with children affected by cancer and families of children with life-threatening illnesses.

[Read Olivia's full bio](#)

Registration fees:

General: \$80

Online registration:

www.cvent.com/d/hjqnrg

www.sickkidscmhlearning.ca/

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