

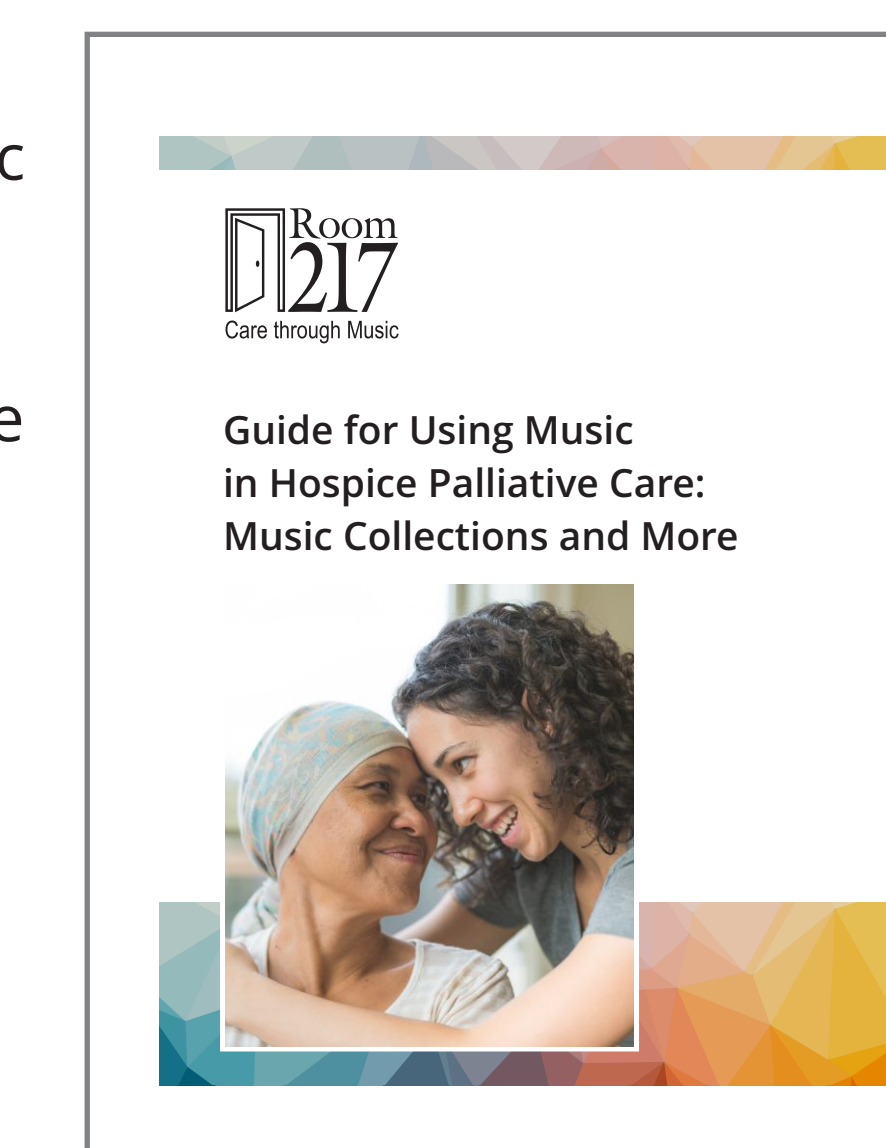
Meeting 7 HPC Clinical Goals with Music

For Allied Care Providers

The music care approach is the intentional use of music by anyone to improve health and well-being of themselves and those they care for

Download the full Guide to Using Music in Hospice Palliative Care: Music Collections and More www.room217.ca

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Musical Interventions and Techniques

Clements-Cortes, A. (2009). Episodes of relationship completion through song, Saarbrücken, Germany: VDM Verlag Dr. Müller Aktiengesellschaft & co. KG.

LEVEL OF INTERVENTION	CARE GOALS	MUSICAL TECHNIQUES
Supportive	reduce pain perception, decrease agitation, provide support and comfort, increase relaxation	<ul style="list-style-type: none"> • song choice • song listening • entrainment • toning • singing • music and movement
Communicative	identify and express feelings, facilitate awareness, support and validate feelings and experiences	<ul style="list-style-type: none"> • life review • musical autobiography • song dedication • music/song legacy • improvisation • music and art creation
Transformative	facilitate growth and insight, engage in life review, address conflict resolution and forgiveness, spiritual and existential issues, facilitate peace	<ul style="list-style-type: none"> • song writing • lyric analysis/discussion • musical improvisation • song dedications • music legacies • Guided Imagery and Music

The sacred aspect of this interpersonal/musical space lies in its potential for transformation and transcendence. – Deborah Salmon

