



GAPS IN HOSPICE PALLIATIVE CARE (HPC) RESEARCH: RESULTS FROM A SCOPING REVIEW OF THE LITERATURE

GAPS IN ACCESS TO CARE

- ❖ Models of care outside of traditional Western medicine
- ❖ Marginalized and racialized communities
- ❖ Culturally appropriate care
- ❖ Service provision in rural and remote settings

Lower socio-economic status remains as a barrier to care!

GAPS IN CAREGIVER SUPPORT

- ❖ Engagement in decision making/inclusion into the care team
- ❖ Mental health and psycho-social support
- ❖ Caregiving interventions
- ❖ Financial support
- ❖ Respite care

WHAT ARE THE GAPS IN CLINICAL TRAINING AND RESEARCH METHODS?

- ❖ Pain and symptom management
- ❖ Need for culturally appropriate care plans/communication
- ❖ Decision making tools and scales toward end of life (EOL)
- ❖ Education and training for healthcare workers in HPC and EOL care
 - ❖ Understanding of grief and bereavement
- ❖ Increase of qualitative and community-based research methods
- ❖ Limited data availability/no nationwide dataset

WHAT ARE THE IMPLICATIONS FOR RESEARCH, POLICY AND PRACTICE?

- ❖ Develop accessible care models in collaboration with communities
- ❖ Enhance education and training for healthcare workers to provide culturally appropriate care
- ❖ Increase support for caregivers (including psycho-social)
- ❖ Engage caregivers in care plan development and research
- ❖ Standardize and operationalize definitions in HPC and EOL care
- ❖ Secure dedicated, sustainable research funding
- ❖ Support national HPC research network
- ❖ Enhance data collection/national HPC dataset



The Quality End-of-Life Care Coalition of Canada (QELCCC)

- ❖ Coalition of 35+ national organizations dedicated to improving end-of-life care
- ❖ Findings are the result of a scoping review of the North American literature commissioned by the QELCCC's Research and Knowledge Translation Committee
- ❖ Built on a previous environmental scan on HPC research funding (2017)
- ❖ In line with QELCCC '*Blueprint for Action 2020-2025*' and Health Canada "*Framework on Palliative Care in Canada*"

It is essential to address these gaps in research, policy and practice to inform the future of palliative and end-of-life care in Canada.