

Co-Designing Caregiver-Centered Care: Training the Health Workforce to Support Family Caregivers

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INTRO

Family caregivers provide over 80% of the care for older people with dementia, chronic illness, impairments, and at the end of life.

Despite evidence of their contributions and consequences of caregiving, support for FCGs has not been a health system priority.

Our innovative solution, to reduce caregiver distress and support caregivers' wellbeing, is to educate the health workforce in a meaningful manner based on evidence.

METHODS

Engaged over 100 multi-level, interdisciplinary stakeholders with expertise in health workforce education, frontline healthcare, dementia care, health policy, and family caregiving.

Co-created our Caregiver Centered Care Education using effective practices for co-design and dementia education for the health workforce.



Health Workforce Education will support Caregiver-Centered Care in all settings.



Caregivercare.ca

Caregiver Centered Care Education **Free** Online



DISCUSSION

Health workforce support is essential to maintain family caregiver's wellbeing and sustain family caregiving.

The hallmark of effective health workforce education is content relevant to learners' needs and contexts. Our education is designed flexibly, to be tailored to settings and learners.

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